



2022-2023

COMMUNITY EVENTS JUST FOR YOU

List of Free Events

Jump Start - Tuesdays, In person, 10:30am

Sep 6, 13, 20, 27

Parents Workshops - Mondays, Virtual, 6:30pm

Sep 19, 26 & Oct 3, 10, 17

Ready2Work - Mondays, Virtual, 6:30pm

Nov 14, 21, 28 & Dec 5

Crafting and Conversation - Tuesdays, 6:30pm

In person Oct 4, 18 & Nov 1, 15

Virtual Dec 6, 13 Jan 3, 17 Feb 7, 21 & Mar 7, 21

Girls Club - Wednesdays, In person, 6:15pm

Sept 28 Oct 5, 12, 19, 26 Nov 2, 9, 16, 30 Dec 7, 14

Healthy Cooking - Thursdays, monthly In person, 6:30pm

Oct 27, Nov 3, Jan 19, Feb 2, Apr 20, May 11

House Concerts - Thursdays, Virtual, 6:30pm

Nov 10, Jan 26, Mar 23, May 25

Dance 4 Fun & Fitness - Wednesdays, Virtual, 6:30pm

Jan 4, 11, 18, 25 Feb 1, 8

Community Art Project - TBD, April thru June 2023

Join us for these enriching, fun, and community building programs for Takoma Park and Takoma DC parents, youth and adults.

Move and Play with Your Little Ones



Learn More About Parenting and School Children's Needs



Connect and do Creative Crafting



Help Your Middle School Girls with Self-esteem, and Life-skills



Cook Healthier Meals



Enjoy More Live Music



Exercise with Dance



Connect with New Neighbors and Friends

REGISTER TODAY



REGISTRATION LINK <https://bit.ly/3dE2Eez>



[CarpeDiemArts.org](https://www.CarpeDiemArts.org)



301-442-3194